Build Mini-Penguin Appetizers

Encourage your child to help make dinner special this holiday season! If your child is loves to help in the kitchen, this is a great activity. They will build mini-penguins to enjoy while waiting for dinner! Geared towards preschoolers through fifth-grade children, kids of all ages will enjoy building adorable little penguins to enjoy while waiting for their meal. Even though this recipe calls for specific ingredients, you can choose any veggies your family enjoys. This recipe makes 8-10 penguins.

What You Need:

- Rectangular platter
- Paring knife
- Cheese spreader
- 8-10 long toothpicks or skewers
- 8-10 large mozzarella balls
- 2-3 carrots sliced lengthwise
- 8-10 small black olives
- 8-10 large black olives, cut in half lengthwise
- ½ cup of hummus or thick bean dip

What You Do:

1. Help your child prepare all the ingredients, like cutting the olives lengthwise and getting out all the ingredients and platter.
2. Cut the sliced carrots into feet using a paring knife. Reserve 8-10 of the trimmings for the penguin's "beak."
3. Have your child place the feet in pairs on the platter. Then place one mozzarella ball on top of each pair.
4. Tell your child to place a whole black olive on top of each mozzarella ball as they skewer the penguin from the top of the head to their feet. Help your child make sure the toothpick or skewer goes all the way through the penguin's "feet."
5. Help your child spread some dip on the sliced portion of the black olives using a cheese spreader. Then have them attach two slices to each mozzarella ball to create the penguin "wings."
6. Tell your child to use some of the dip to attach the carrot beak to the penguin.

Your family is sure to enjoy these mini-penguin appetizers! They may especially enjoy the attention to detail and effort your child puts into helping serve them some tasty snacks.

Author: Jennifer Sobalvarro
Copyright © 2020 Education.com LLC All Rights Reserved